

THE CHILD TRAUMA MANIFESTO

EVERYTHING THAT MATTERS TO US HERE AT THE CENTRE OF EXCELLENCE IN CHILD TRAUMA

- 1. Substance over soundbites.** Understanding what children mean, beyond the words they say, and putting them at the heart of everything.
- 2. Strategies from planet earth.** Our insights aren't just based on theory, they are rooted in lived experiences from the real world, ensuring practical, effective interventions that drastically improve children's lives.
- 3. Real return on investment.** Success should be based on incredible outcomes for children, not on the dividends paid out to shareholders. People, not profiteering.
- 4. Know better, do better.** When shareholders aren't getting rich, money can be invested in excellent training and support for the people doing the work.
- 5. Support that doesn't shift.** We create powerful partnerships across sectors, building unbreakable support systems and extensive resources for trauma-affected families.
- 6. Education fuelled by empathy.** We champion filling schools with trauma-informed people and practices, creating supportive environments that change student outcomes and teacher wellbeing.
- 7. Places to belong.** We are relentless in creating communities where families feel truly understood, accepted, and supported.
- 8. No more moves.** We arm parents with the tools to address physical, emotional, and social wellbeing, taking a stand against child-on-parent violence with proven strategies, removing the need for children to be endlessly moved on.
- 9. Change from the top.** We advocate for radical policy changes that prioritise prevention, early intervention, and trauma-sensitive practices, leading the way in health, social care, and education sectors.
- 10. Uncompromising action.** We speak the truth about what works in trauma care, breaking away from the traditional 'best practice' mould, and bringing together experts, educators, and parents through our conferences and workshops.

